

Senior High Track & Field School Records

In order for the result to count as a school record, the event needs to be officially timed (league/zone/provincial meet).

Junior Girls

Event	Name	Year	Result
100m	Jocelyn Leffers	2015	13.02
200m	Jocelyn Leffers	2015	27.43
400m	Shauna DeHaas*	1991	1:01.30
800m	Shauna DeHaas*	1991	2:29.70
1500m	Shauna DeHaas*	1990	5:21
3000m			
80m hurdles	Jocelyn Leffers	2015	14.23
4x100m relay	Hope ten Brinke Laurissa VanderVeen Karlee Dykhuizen Jocelyn Leffers	2015	53.79
High Jump	Brooke ten Brinke	2016	1.50
Long Jump	Cindy Pothoven*	2006	4.63
Triple Jump	Lisa Muis*	2006	9.66
Discus (1kg)	Anna Marcus	2016	24.12
Shot Put (3kg)	Rebekah De Bruin	2016	9.73
Javelin (500g)	Hannah Doorten	2017	21.24
Pole Vault	Laryssa Leffers	2018	2.15

Intermediate Girls

Event	Name	Year	Result
100m	Jocelyn Leffers	2016	13.60
200m	Jocelyn Leffers	2016	28.28
400m	Alyssa Marcus	2013	1:06.45
800m			
1500m	Alyssa Marcus	2013	5:37.20
3000m	Kailyn Leffers	2015	14:38.20
80m hurdles	Leah Marcus	2012	14.44
4x100m relay	Hope ten Brinke Laurissa VanderVeen Karlee Dykhuizen Jocelyn Leffers	2016	53.40
High Jump	Brooke ten Brinke	2018	1.50
Long Jump	Emily Stel	2018	4.09
Triple Jump	Laurissa VanderVeen	2016	9.42
Discus (1kg)	Karlee Dykhuizen	2016	26.82
Shot Put (3kg)	Rebekah De Bruin	2017	10.42
Javelin (500g)			
Pole Vault	Kailyn Leffers*	2015	2.40

Senior Girls

Event	Name	Year	Result
100m	Jocelyn Leffers	2017	13.52
200m			
400m	Alyssa Marcus	2015	1:07.07
800m	Jocelyn Leffers	2017	2:42.33
1500m	Alyssa Marcus	2014	5:21.91
3000m	Alyssa Marcus	2014	11:49.68
80m hurdles			
4x100m relay	Hope ten Brinke Laurissa VanderVeen Karlee Dykhuizen Jocelyn Leffers	2017	54.38
High Jump	Kailyn Leffers Hope ten Brinke	2016 2017	1.45
Long Jump	Kailyn Leffers	2016	4.52
Triple Jump	Laurissa VanderVeen	2017	9.31
Discus (1kg)	Anna Marcus	2018	29.97
Shot Put (4kg)	Robyn Rook*	2006	9.25
Javelin (600g)	Rebecca Marcus	2016	19.21
Pole Vault	Kailyn Leffers*	2016	2.30

Open

Event	Name	Year	Result
300m hurdles			
100m Pentathlon	Jocelyn Leffers	2017	13.52
800m Pentathlon	Jocelyn Leffers	2017	2:42.33
High Jump Pentathlon	Kailyn Leffers	2016	1.45
Long Jump Pentathlon	Kailyn Leffers	2016	4.52
Shot Put Pentathlon	Jocelyn Leffers	2017	8.87
Pentathlon Points	Kailyn Leffers*	2016	2558
4x400m relay	Anna Marcus Rebecca Marcus Laurissa VanderVeen Karlee Dykhuizen	2016	4:37.68

*Zone Champion (note: PICS competed in the North Central Zone until 2012 and now competes in the Edmonton Zone)

Junior Boys

Event	Name	Year	Result
100m	Nolan Van Beek	2016	12.89
200m	Sean Ferguson	2012	27.54
400m	Levi Kalkman	2016	52.60
800m	Nolan Van Beek	2016	2:22.41
1500m	Brayden Bredenhof	2015	5:10.89
3000m	Brayden Bredenhof	2015	11:01.35
100m hurdles	Tristan Van Assen	2017	17.10
4x100m relay			
High Jump	Nolan Van Beek	2016	1.70
Long Jump	Sean Ferguson	2012	5.13
Triple Jump	Levi Kalkman	2015	10.40
Discus (1.5kg)	Luke Jagersma	2018	28.79
Shot Put (5kg)	Levi Kalkman	2016	9.89
Javelin (700g)	Kent Ferguson	2015	30.12
Pole Vault	Levi Kalkman	2016	2.40

Intermediate Boys

Event	Name	Year	Result
100m	Thomas Woudstra	2012	12.70
200m	Levi Kalkman	2017	24.08
400m	Levi Kalkman	2017	52.42
800m	Aidan Antoniuk*	2012	2:13.08
1500m	Craig Panek	2014	4:46.47
3000m	Craig Panek	2014	10:35.61
100m hurdles	Tristan Van Assen	2018	17.27
4x100m relay			
High Jump	Nolan Van Beek	2017	1.65
Long Jump	Aidan Antoniuk Nolan Van Beek	2012 2017	5.34
Triple Jump	Sean Ferguson	2013	9.95
Discus (1.5kg)	Roger Van Beek	2014	24.89
Shot Put (5kg)	Jared Bos	2014	10.43
Javelin (700g)	Kent Ferguson	2016	37.43
Pole Vault	Levi Kalkman	2017	3.00*

Senior Boys

Event	Name	Year	Result
100m			
200m			
400m	Brayden Bredenhof	2017	58.20
800m			
1500m	Daniel Huizing	2014	4:57.46
3000m	Daniel Huizing	2014	10:34.78
100m hurdles			
4x100m relay			
High Jump			
Long Jump	Sean Ferguson	2014	5.30
Triple Jump			
Discus (1.75kg)			
Shot Put (6kg)	Jared Bos	2015	10.47
Javelin (800g)	Kent Ferguson	2017	34.70
Pole Vault	Alec Baker Roger Van Beek	2015	2.40

Open

Event	Name	Year	Result
300m Hurdles	Tristan Van Assen	2018	46.28
100m pentathlon	Nolan Van Beek	2017	12.87
800m pentathlon	Nolan Van Beek	2016	2:22.41
High Jump pentathlon	Nolan Van Beek	2016	1.70
Long Jump Pentathlon	Nolan Van Beek	2017	5.34
Shot Put Pentathlon	Nolan Van Beek	2017	9.71
Pentathlon Points	Nolan Van Beek	2016	2421
4x400m relay	Noah Veldkamp Jake Kuntz Brayden Bredenhof Levi Kalkman	2016	3:55.69

*Zone Champion (note: PICS competed in the North Central Zone until 2012 and now competes in the Edmonton Zone)

Total team points at Zones: 79 (2016)

Total team points at Provincial Championships: 55 (2017)